

## Functional Herbal Therapy and Cancer: Module 5

# Prostate and Breast Cancer Management Professor Kerry Bone's Reading Assignment



### Module 5.6: Breast Cancer Part 3 Key herbs, protocols and case

1. Bone, K., & Mills, S. (2013). An excerpt from Part III: Materia Medica, Black Cohosh Monograph. *In Principles and practice of phytotherapy modern herbal medicine* (2nd ed.). London: Elsevier Churchill Livingstone.
2. UNC Lineberger Comprehensive Cancer Center. (2019, April 1). Estrogen byproducts linked to survival in breast cancer patients. *ScienceDaily*. Retrieved July 25, 2019 from [www.sciencedaily.com/releases/2019/04/190401105325.htm](http://www.sciencedaily.com/releases/2019/04/190401105325.htm)
3. Yarnell, E. (2017). Phytoestrogens and estrogen-sensitive cancers: review of the evidence. *Alternative and Complementary Therapies*, 23(1), 25-30.

### Advanced Reading

1. Fritz, H., Seely, D., McGowan, J., Skidmore, B., Fernandes, R., Kennedy, D. A., ... & Fergusson, D. (2014). Black cohosh and breast cancer: a systematic review. *Integrative cancer therapies*, 13(1), 12-29.
2. Dieli-Conwright, C. M., Lee, K., & Kiwata, J. L. (2016). Reducing the risk of breast cancer recurrence: an evaluation of the effects and mechanisms of diet and exercise. *Current breast cancer reports*, 8(3), 139-150.
3. Gianfredi, V., Nucci, D., Abalsamo, A., Acito, M., Villarini, M., Moretti, M., & Realdon, S. (2018). Green tea consumption and risk of breast cancer and recurrence—A systematic review and meta-analysis of observational studies. *Nutrients*, 10(12), 1886.
4. Phipps, A. I., Bhatti, P., Neuhaus, M. L., Chen, C., Crane, T. E., Kroenke, C. H., ... & Treggiari, M. M. (2016). Pre-diagnostic sleep duration and sleep quality in relation to subsequent cancer survival. *Journal of Clinical Sleep Medicine*, 12(04), 495-503.