

Functional Herbal Therapy and Cancer: Module 2

Preventing Cancer: The Role of Plants

Professor Kerry Bone's Reading Assignment



Module 2.1 – Course Overview and Context

1. Adherence to Healthy Diets Associated with Lower Cancer Risk

American Association for Cancer Research. (2018, July 26). Adherence to healthy diets associated with lower cancer risk: An analysis of four nutritional scores showed biggest benefit from diet that discourages alcohol. *ScienceDaily*. Retrieved April 15, 2019 from www.sciencedaily.com/releases/2018/07/180726162730.htm

2. Call for Colonoscopies After Enterococcal Infection

Sparke, C. (201, February 1) Call for colonoscopies after enterococcal infection. Australian Doctor Group. Retrieved April 10, 2019 from <https://www.ausdoc.com.au/news/call-colonoscopies-after-enterococcal-infection>

3. Cancer Prevention Recommendations

World Cancer Research Fund (2018). Recommendations and public health and policy implications. London, UK. WCRF International.

Advanced Reading

1. Effect of Diet on Mortality and Cancer Recurrence Among Cancer Survivors

Schwedhelm, C., Boeing, H., Hoffmann, G., Aleksandrova, K., & Schwingshackl, L. (2016). Effect of diet on mortality and cancer recurrence among cancer survivors: a systematic review and meta-analysis of cohort studies. *Nutrition reviews*, 74(12), 737-748.

2. Diet, Physical Activity, and Body Weight in Cancer Survivorship

Mehra, K., Berkowitz, A., & Sanft, T. (2017). Diet, physical activity, and body weight in cancer survivorship. *Medical Clinics*, 101(6), 1151-1165.

3. P4 Medicine: How Systems Medicine will Transform the Healthcare Sector and Society

Flores, M., Glusman, G., Brogaard, K., Price, N. D., & Hood, L. (2013). P4 medicine: how systems medicine will transform the healthcare sector and society. *Personalized medicine*, 10(6), 565-576.

These statements have not been evaluated by the Food & Drug Administration.
This course is not intended to diagnose, treat, cure or prevent any disease.